

Information on legacies to support your local charity



Integrated Neurological Services, a local charity,

Helping you to manage

- ▶ Multiple Sclerosis
- ▶ Parkinson's Disease
- ▶ Stroke

and other neurological conditions

Integrated Neurological Services (INS)

INS is an independent registered charity established to provide long-term support for people with chronic or degenerative neurological conditions, such as Parkinson's, Multiple Sclerosis and Stroke.

Our aim is to help people make the most of their abilities, to retain their independence and to enhance their quality of life.

INS support is available for as long as it is needed – often until the end of life. Our support continues for those left behind.



A gift in your Will can be the most powerful and effective way to support those affected by a neurological condition both today and tomorrow.

At INS all gifts, whatever size, are much appreciated and you can rest assured that the charity will not have to pay any Inheritance Tax on your donation.

A gift to INS will ensure that we can continue to help hundreds of people with a neurological condition, their families and carers.

Thank you

A gift in your Will could help INS provide some of the following:

- ▶ **£5** will provide training for a volunteer Befriender to make regular visits to a client
- ▶ **£25** will support the cost of someone with Parkinson's joining a weekly INS group, learning with others to help themselves
- ▶ **£50** would pay for one 2-hour therapy group session for someone with Multiple Sclerosis
- ▶ **£100** would support the cost of 4 monthly mutual support groups for carers, where they can share problems and find solutions
- ▶ **£1,000** would pay for 12 weeks of intensive support for someone who has had a stroke
- ▶ **£3,000** could provide a year's ongoing support for someone with Parkinsons and for their carer
- ▶ **£40,000** would pay for a senior therapist for one year
- ▶ **£100,000** could support the establishment of a satellite base in another borough.



“ Since my husband Neal has been suffering from a brain tumour for over 8 years, his mobility has increasingly worsened, making daily life very difficult. We had asked his oncologist and GP many times about physiotherapy, but this kind of support never materialised. INS have been wonderful. So supportive to both of us and I know Neal's mobility would not be as it is today, without their great physiotherapists. INS are a unique charity and I feel others should receive the help we have had. Therefore INS will be remembered in our will. ”

Sara Challice, Carer, Twickenham

Questions which Often Arise



Why should I make a Will?

Making a will ensures that what happens to your savings and possessions is decided by you, rather than by the state.

Providing for family and friends is naturally your first priority. If you decide, after providing for them, that you can also help INS to continue its work, be assured that any gift – large or small – will make a real difference to people's lives in future.

What if you already have a Will?

A gift to INS may be added by a codicil (a legal document that alters or adds to your will). Alternatively, you may prefer to make a new Will.

What about tax?

Inheritance Tax is not payable on gifts to charities. Any gift to INS will be tax-free and the gift could reduce the tax payable on your own estate.

What if my circumstances change?

Circumstances often change. Your financial or family situation may alter. A will which no longer fits your circumstances can be brought up to date by a codicil or replaced with a new will.

If you wish to leave a gift to INS, you simply need to add these words to your Will or Codicil:

I leave to

Integrated Neurological Services of
82 Hampton Road, Twickenham,
Middlesex TW2 5QS,

Registered charity
number: 1107273

Help the work of INS live on

There are four ways in which gifts can be left to INS in your Will:

1. **A pecuniary bequest** – this is a specific sum of money such as £500, £5,000 or £50,000.
2. **A specific bequest** – this is a specific item such as a piece of jewellery, shares or even a house.
3. **A residuary bequest** – this is a gift of what is left after payment of specific bequests, debts, taxes and expenses. You may leave a share or the whole of the residue to INS.
4. **A reversionary bequest** – this is a gift to someone for them to enjoy during their lifetime, and which passes on to INS after their death.

Lasting Memorial –
In place of flowers at your funeral you can ask for donations to be made to INS in your memory



“ Over the years life has become more difficult for me as I live on my own and suffer from Parkinson’s. INS have been there from the beginning, helping me in a whole range of ways, from a social aspect through to mobility classes. I am very grateful to them. I want to give to them in the only way I know I can – through my legacy. ”

Tony Collins, Parkinson’s patient, Kew



INS headquarters at 82 Hampton Road, Twickenham

INS also has a satellite base at 82 New Heston Road, Heston, Hounslow.

Integrated Neurological Services (INS) supports people from the following areas:

Kew	Bedfont	Barnes	Brentford
Mortlake	Chiswick	Richmond	Cranford
East Sheen	Feltham	Ham	Hanworth
Petersham	Heston	Twickenham	Hounslow
St Margarets	Isleworth	Whitton	Turnham Green
Heathfield	Osterley	Hampton	Spring Grove
Teddington	Syon		

If you would like to hear more about INS work, or to discuss leaving a gift to INS, please ring us on: 020 8755 4000, or write to the Manager at: 82 Hampton Road, Twickenham, TW2 5QS.



Our Patrons

Major General Sir Michael Carleton-Smith CBE DL

The Baroness Cumberlege CBE DL

Robin Jowit OBE

Rt. Rev. Peter B. Price, Bishop of Bath and Wells

The Baroness Wilkins

Consultant Neurologists:

Dr Ronald K B Pearce MD PhD FRCPC FRCP

Dr Peter Bain MBBS MA (Oxon) MD FCRP



Integrated Neurological Services

82 Hampton Road, Twickenham TW2 5QS
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www.ins.org.uk

Registered Charity No: 1107273 Limited Company No: 529539