

## **VOLUNTEER FUNDRAISERS**

INS is looking for volunteers to provide support for its wide range of fundraising activities.

### **About Integrated Neurological Services (INS)**

INS is a Registered Charity providing long-term support for people with neurological conditions (e.g. Parkinson's Disease, Multiple Sclerosis, Stroke) and their carers.

INS offers ongoing rehabilitation through therapy and education, together with practical self-help techniques and solutions which can help to maintain independence for as long as possible. This support can be provided in a small group or on a 1:1 basis and is offered for as long as needed. The support is provided by an experienced, professional team of physiotherapists, occupational therapists, speech therapists, social workers and rehabilitation assistants.

We are based at 82 Hampton Road, Twickenham where we hold weekly therapy group sessions for each of the conditions mentioned above, family carer support groups, activities and individual sessions. We also provide home visits and deliver services at other venues in Hounslow and Richmond boroughs.

### **Fundraising at INS**

INS tries to achieve a broad balance of funding from different sources and has a strong focus on community events and activities both to raise funds and to increase awareness of the charity. We are keen to develop this area and are looking for volunteers to provide support for this expansion.

You will work with an enthusiastic team of volunteers, led by our Fundraising Manager, to help develop, organise, run and enjoy a wide range of events and activities. You will be a confident, outgoing person who enjoys dealing with the public and acting as an ambassador for INS.

### **Requirements**

- Team working and co-operation
- Confident communication skills
- Enthusiasm and willingness to take on a variety of different tasks, depending on the event
- Good organisational abilities
- Reliability

### **Activities may include :-**

- Support for some of the events run by INS during the year. These might include:
  - Community functions such as a stall at a local summer fair
  - Quiz night, bridge evening, Scottish Dancing, carol concert, etc. etc.

- Collections held at different locations, e.g. Twickenham RFU, supermarkets, Richmond town centre
  - Challenge events
  - Major fundraisers such as our annual Lecture
- Joining the organising committee and/or
- Offering to take on specific tasks or roles
- Helping with marketing and promotion of events
- Sourcing raffle or auction prizes
- Distributing invitations/flyers
- Helping with set-up, running and take-down of an event

**Commitment**

Flexible / occasional

Weekend and evening support will be required from time to time